

# JOHN DISK AND $K$ -QUASICONFORMAL HARMONIC MAPPINGS

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**ABSTRACT.** The main aim of this article is to establish certain relationships between  $K$ -quasiconformal harmonic mappings and John disks. The results of this article are the generalizations of the corresponding results of Ch. Pommerenke [18].

## 1. INTRODUCTION AND MAIN RESULTS

For  $a \in \mathbb{C}$  and  $r > 0$ , we let  $\mathbb{D}(a, r) = \{z : |z - a| < r\}$  so that  $\mathbb{D}_r := \mathbb{D}(0, r)$  and thus,  $\mathbb{D} := \mathbb{D}_1$  denotes the open unit disk in the complex plane  $\mathbb{C}$ . This paper provides a necessary and sufficient condition for the image  $\Omega = f(\mathbb{D})$  of univalent harmonic mappings  $f$  defined on  $\mathbb{D}$  to be a *John disk* (see Theorems 1 and 2). Some differential properties of  $K$ -quasiconformal harmonic mappings will also be characterized by using *Pommerenke interior domains* and John disks (see Theorem 4 and Corollary 1). In addition, we present a sufficient condition, in terms of harmonic analog of the *pre-Schwarzian* of  $K$ -quasiconformal harmonic mappings  $f$  on  $\mathbb{D}$ , for  $\Omega = f(\mathbb{D})$  to be a John disk (see Theorem 5). Similar results for analytic functions are proved earlier by Ahlfors and Weill [1], Becker and Pommerenke [2], and Pommerenke [18]. In order to state and prove our main results and related investigations, we need to recall some basic definitions, remarks and some results.

For a real  $2 \times 2$  matrix  $A$ , we use the matrix norm  $\|A\| = \sup\{|Az| : |z| = 1\}$  and the matrix function  $l(A) = \inf\{|Az| : |z| = 1\}$ . For  $z = x + iy \in \mathbb{C}$ , the formal derivative of the complex-valued functions  $f = u + iv$  is given by

$$D_f = \begin{pmatrix} u_x & u_y \\ v_x & v_y \end{pmatrix},$$

so that

$$\|D_f\| = |f_z| + |f_{\bar{z}}| \quad \text{and} \quad l(D_f) = ||f_z| - |f_{\bar{z}}||,$$

where  $f_z = (1/2)(f_x - if_y)$  and  $f_{\bar{z}} = (1/2)(f_x + if_y)$ .

Let  $\Omega$  be a domain in  $\mathbb{C}$ , with non-empty boundary. A sense-preserving homeomorphism  $f$  from a domain  $\Omega$  onto  $\Omega'$ , contained in the Sobolev class  $W_{loc}^{1,2}(\Omega)$ , is

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said to be a  $K$ -quasiconformal mapping if, for  $z \in \Omega$ ,

$$\|D_f(z)\|^2 \leq K \det D_f(z), \text{ i.e., } \|D_f(z)\| \leq Kl(D_f(z)),$$

where  $K \geq 1$  and  $\det D_f$  is the determinant of  $D_f$  (cf. [12, 14, 22, 23]).

A complex-valued function  $f$  defined in a simply connected subdomain  $G$  of  $\mathbb{C}$  is called a *harmonic mapping* in  $G$  if and only if both the real and the imaginary parts of  $f$  are real harmonic in  $G$ . It is indeed a simple fact that every harmonic mapping  $f$  in  $G$  admits a decomposition  $f = h + \bar{g}$ , where  $h$  and  $g$  are analytic in  $G$ . If we choose the additive constant such that  $g(0) = 0$ , then the decomposition is unique. Since the Jacobian  $\det D_f$  of  $f$  is given by

$$\det D_f := |f_z|^2 - |f_{\bar{z}}|^2 = |h'|^2 - |g'|^2,$$

$f$  is locally univalent and sense-preserving in  $G$  if and only if  $|g'(z)| < |h'(z)|$  in  $G$ ; or equivalently if  $h'(z) \neq 0$  and the dilatation  $\omega = g'/h'$  has the property that  $|\omega(z)| < 1$  in  $G$  (see [15] and also [8]).

In the recent years, the family  $\mathcal{S}_H$  of all sense-preserving planar harmonic univalent mappings  $f = h + \bar{g}$  in  $\mathbb{D}$ , with the normalization  $h(0) = g(0) = 0$  and  $h'(0) = 1$ , attracted the attention of many function theorists. This class together with a few other geometric subclasses, originally investigated in details by [6], became instrumental in the study of univalent harmonic mappings. See the monograph [8] and the recent survey [20] for the theory of these functions.

If the co-analytic part  $g$  is identically zero in the decomposition of  $f$ , then the class  $\mathcal{S}_H$  reduces to the classical family  $\mathcal{S}$  of all normalized analytic univalent functions  $h(z) = z + \sum_{n=2}^{\infty} a_n z^n$  in  $\mathbb{D}$ . If  $\mathcal{S}_H^0 = \{f = h + \bar{g} \in \mathcal{S}_H : g'(0) = 0\}$ , then the family  $\mathcal{S}_H^0$  is both normal and compact (see [6, 8, 20]).

Let  $d_{\Omega}(z)$  be the Euclidean distance from  $z$  to the boundary  $\partial\Omega$  of  $\Omega$ . In particular, we always use  $d(z)$  to denote the Euclidean distance from  $z$  to the boundary  $\partial\mathbb{D}$  of  $\mathbb{D}$ .

**Definition 1.** A bounded simply connected plane domain  $G$  is called a  $c$ -John disk for  $c \geq 1$  with John center  $w_0 \in G$  if for each  $w_1 \in G$  there is a rectifiable arc  $\gamma$ , called a John curve, in  $G$  with end points  $w_1$  and  $w_0$  such that

$$\sigma_{\ell}(w) \leq cd_G(w)$$

for all  $w$  on  $\gamma$ , where  $\gamma[w_1, w]$  is the subarc of  $\gamma$  between  $w_1$  and  $w$ , and  $\sigma_{\ell}(w)$  is the Euclidean length of  $\gamma[w_1, w]$  (see [11, 9, 17, 19]).

**Remark 1.** If  $f$  is a complex-valued and univalent mapping in  $\mathbb{D}$ ,  $G = f(\mathbb{D})$  and, for  $z \in \mathbb{D}$ ,  $\gamma = f([0, z])$  in Definition 1, then we call  $c$ -John disk as a *radial*  $c$ -John disk, where  $w_0 = f(0)$  and  $w = f(z)$ . In particular, if  $f$  is a conformal mapping, then we call  $c$ -John disk as a *hyperbolic*  $c$ -John disk. It is well known that any point  $w_0 \in G$  can be chosen as John center by modifying the constant  $c$  if necessary. Moreover, if we don't emphasize the constant  $c$ , we regard the  $c$ -John disk as the John disk (cf. [11, 9, 17]).

In [18] (see also [19, p. 97]), Pommerenke proved that if  $f$  maps  $\mathbb{D}$  conformally onto a bounded domain  $G$ , then  $G$  is a hyperbolic John disk if and only if there exist

constants  $M > 0$  and  $\delta \in (0, 1)$  such that for each  $\zeta \in \partial\mathbb{D}$ , and for  $0 \leq r_1 \leq r_2 < 1$ , we have

$$|f'(r_2\zeta)| \leq M|f'(r_1\zeta)| \left( \frac{1-r_2}{1-r_1} \right)^{\delta-1}.$$

Later, in [9, Theorem 2.3], Kari Hag and Per Hag gave an alternate proof of this result. In this paper, our first aim is to extend this result to planar harmonic mappings.

**Theorem 1.** *For  $K \geq 1$ , let  $f \in \mathcal{S}_H^0$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto a bounded domain  $\Omega$ . Then  $\Omega$  is a radial John disk if and only if there are constants  $M(K) > 0$  and  $\delta \in (0, 1)$  such that for each  $\zeta \in \partial\mathbb{D}$  and for  $0 \leq r \leq \rho < 1$ ,*

$$(1.1) \quad \|D_f(\rho\zeta)\| \leq M(K)\|D_f(r\zeta)\| \left( \frac{1-\rho}{1-r} \right)^{\delta-1}.$$

The following result is another characterization of radial John disk, which is also a generalization of [18, Theorem 1].

**Theorem 2.** *For  $K \geq 1$ , let  $f \in \mathcal{S}_H^0$  be a  $K$ -quasiconformal mapping and  $\Omega = f(\mathbb{D})$  is a bounded domain. Then the following conditions are equivalent:*

- (a)  $\Omega$  is a radial John disk;
- (b) There is a positive constant  $M_1$  such that, for all  $z \in \mathbb{D}$ ,

$$\text{diam} f(B(z)) \leq M_1 d_\Omega(f(z)),$$

where  $B(z) = \{\zeta : |z| \leq |\zeta| < 1, |\arg z - \arg \zeta| \leq \pi(1 - |z|)\}$ ;

- (c) There is a positive constant  $\delta \in (0, 1)$  such that, for all  $z \in \mathbb{D}$  and  $\zeta \in B(z)$ ,

$$(1.2) \quad \|D_f(\zeta)\| \leq M_2\|D_f(z)\| \left( \frac{1-|\zeta|}{1-|z|} \right)^{\delta-1},$$

where  $M_2$  is a positive constant.

By using some distortion conditions in Theorem 2, we get a characterization of coefficients of  $K$ -quasiconformal harmonic mappings.

**Theorem 3.** *For  $K \geq 1$ , let  $f = h + \bar{g} \in \mathcal{S}_H^0$  be a  $K$ -quasiconformal harmonic mapping, where*

$$h(z) = z + \sum_{n=2}^{\infty} a_n z^n \text{ and } g(z) = \sum_{n=2}^{\infty} b_n z^n.$$

*If  $f$  satisfies the condition (b) or (c) in Theorem 2, then there is some  $\beta_0 > 0$  such that*

$$\sum_{n=2}^{\infty} n^{1+\beta_0} (|a_n|^2 + |b_n|^2) < \infty.$$

Using Theorems 2 and 3, it can be easily seen that the conclusion of Theorem 3 continues to hold if the assumption that “ $f$  satisfies the condition (b) or (c) in Theorem 2” is replaced by “ $\Omega = f(\mathbb{D})$  is a radial John disk”.

For  $p \in (0, \infty]$ , the *generalized Hardy space*  $H_g^p(\mathbb{D})$  consists of all those functions  $f : \mathbb{D} \rightarrow \mathbb{C}$  such that  $f$  is measurable,  $M_p(r, f)$  exists for all  $r \in (0, 1)$  and  $\|f\|_p < \infty$ , where

$$\|f\|_p = \begin{cases} \sup_{0 < r < 1} M_p(r, f) & \text{if } p \in (0, \infty) \\ \sup_{z \in \mathbb{D}} |f(z)| & \text{if } p = \infty \end{cases}, \quad \text{and} \quad M_p^p(r, f) = \frac{1}{2\pi} \int_0^{2\pi} |f(re^{i\theta})|^p d\theta.$$

Let  $f \in \mathcal{S}_H$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto a domain  $G$ . For  $0 < r < 1$  and  $w_1, w_2 \in f(\partial\mathbb{D}_r)$ , let  $\gamma_r$  be the smaller subarc of  $f(\partial\mathbb{D}_r)$  between  $w_1$  and  $w_2$ , and let

$$d_{G_r}(w_1, w_2) = \inf_{\Gamma} \text{diam} \Gamma,$$

where  $\Gamma$  runs through all arcs from  $w_1$  to  $w_2$  that lie in  $G_r = f(\mathbb{D}_r)$  except for their endpoints. If

$$(1.3) \quad \sup_{0 < r < 1} \left\{ \sup_{w_1, w_2 \in \gamma_r} \frac{\ell(\gamma_r[w_1, w_2])}{d_{G_r}(w_1, w_2)} \right\} < \infty,$$

then we call  $G$  as a *Pommerenke interior domain* (cf. [18]). In particular, if  $G$  is bounded, then we call  $G$  as a bounded Pommerenke interior domain. Our next theorem is an analogous result of [18, Theorem 3].

**Theorem 4.** *Let  $f \in \mathcal{S}_H$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto a bounded Pommerenke interior domain  $G$ . If there are constants  $M$  and  $\delta \in (0, 1)$  such that for each  $\zeta \in \partial\mathbb{D}$  and for  $0 \leq r \leq \rho < 1$ ,*

$$(1.4) \quad \|D_f(\rho\zeta)\| \leq M \|D_f(r\zeta)\| \left( \frac{1-\rho}{1-r} \right)^{\delta-1},$$

then  $\|D_f\| \in H_g^1(\mathbb{D})$ .

The following result easily follows from Theorems 1 and 4.

**Corollary 1.** *Let  $f \in \mathcal{S}_H^0$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto a bounded Pommerenke interior domain  $G$ . If  $G$  is a radial John disk, then  $\|D_f\| \in H_g^1(\mathbb{D})$ .*

In terms of the canonical representation of a sense-preserving harmonic mappings  $f = h + \bar{g}$  in  $\mathbb{D}$  with  $\omega = g'/h'$ , as in the works of Hernández and Martín [10], the Pre-Schwarzian derivative  $P_f$  of  $f$  and the Schwarzian derivative  $S_f$  of  $f$  are defined by

$$P_f = T_h - \frac{\omega' \bar{\omega}}{1 - |\omega|^2}, \quad \text{and} \quad S_f = Sh + \frac{\bar{\omega}}{1 - |\omega|^2} (T_h \omega' - \omega'') - \frac{3}{2} \left( \frac{\omega' \bar{\omega}}{1 - |\omega|^2} \right)^2,$$

respectively. Here

$$T_h = \frac{h''}{h'} \quad \text{and} \quad Sh = T_h' - \frac{1}{2} T_h^2$$

are referred to as the Pre-Schwarzian and Schwarzian (derivatives) of a locally univalent analytic function  $f$  in  $\mathbb{D}$ , respectively. For the original definition of the Schwarzian derivative of harmonic mappings, see [4].

Ahlfors and Weill [1], Becker and Pommerenke [2] characterized the quasidisk by using the Pre-Schwarzian of analytic functions. On the basis of the works of Chuaqui, et al. [5], Kari Hag and Per Hag [9] discussed the relationships between the John disk and the Pre-Schwarzian of analytic functions. It is natural to ask whether a similar relationship is attainable (see [5, Theorem 4] and [9, Theorem 3.7]) with the help of Pre-Schwarzian of harmonic mappings. This is the content of our next result.

**Theorem 5.** *Suppose that  $f \in \mathcal{S}_H^0$  is a  $K$ -quasiconformal harmonic mapping of  $\mathbb{D}$  onto a bounded domain  $f(\mathbb{D})$  for some  $K \geq 1$  and such that*

$$\lim_{|z| \rightarrow 1^-} \sup \{ (1 - |z|^2) \operatorname{Re}(z P_f(z)) \} < 1.$$

*If  $\ell(f([0, z])) < \infty$  for all  $z \in \mathbb{D}$ , then  $f(\mathbb{D})$  is a radial John disk.*

The proofs of Theorems 1–5 will be given in Section 2.

## 2. THE PROOFS OF THE MAIN RESULTS

We begin the section by recalling the following results which play an important role in the proofs of Theorems 1–5.

**Theorem A.** ([13, Proposition 3.1] and [13, Theorem 3.2]) *Let  $f$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto itself. Then for all  $z \in \mathbb{D}$ , we have*

$$\frac{1+K}{2K} \left( \frac{1 - |f(z)|^2}{1 - |z|^2} \right) \leq |f_z(z)| \leq \frac{K+1}{2} \left( \frac{1 - |f(z)|^2}{1 - |z|^2} \right).$$

**Theorem B.** ([3, Theorem 3]) *Let  $f \in \mathcal{S}_H^0$ . Then there is a positive constant  $c_1 < +\infty$  such that for  $\xi \in \partial\mathbb{D}$  and  $0 \leq r_3 \leq r_4 < 1$ ,*

$$\|D_f(r_4\xi)\| \geq \frac{1}{2^{1+c_1}} \|D_f(r_3\xi)\| \left( \frac{1-r_4}{1-r_3} \right)^{c_1-1}.$$

**Proof of Theorem 1.** We first prove the sufficiency. Applying [16, Proposition 13], we obtain that

$$(2.1) \quad \|D_f(z)\| \leq \frac{16K d_\Omega(f(z))}{1 - |z|^2}.$$

Also, by (1.1) and (2.1), for  $w = f(r\zeta)$  and  $w_1 = f(\rho\zeta)$ , we have

$$\begin{aligned}
\sigma_\ell(w) &= \int_r^\rho |df(t\zeta)| \leq \int_r^\rho \|D_f(t\zeta)\| dt \\
&\leq M(K) \|D_f(r\zeta)\| \int_r^1 \left( \frac{1-t}{1-r} \right)^{\delta-1} dt, \quad \text{by (1.1),} \\
&= \frac{M(K)}{\delta} \|D_f(r\zeta)\| (1-r) \\
&\leq \frac{M(K)}{\delta} \|D_f(r\zeta)\| (1-r^2) \\
&\leq \frac{16KM(K)}{\delta} d_\Omega(w), \quad \text{by (2.1),}
\end{aligned}$$

which implies that  $\Omega$  is a radial  $(16KM(K)/\delta)$ -John disk with John center  $w_0 = f(0)$  and with  $\gamma = f([0, \rho\zeta])$  as the John curves, where  $r \in [0, 1)$ ,  $\rho \in [r, 1)$  and  $\zeta \in \partial\mathbb{D}$ .

Now we prove the necessity. For  $z \in \mathbb{D}$ , let

$$\Delta = f^{-1}(\mathbb{D}(f(z), d_\Omega(f(z))))$$

and  $\phi$  be a conformal mapping of  $\mathbb{D}$  onto  $\Delta$  with  $\phi(0) = z$ . Since  $\phi(\mathbb{D}) \subset \mathbb{D}$ , we know that, for  $w \in \mathbb{D}$ ,

$$(2.2) \quad |\phi'(w)| \leq \frac{1 - |\phi(w)|^2}{1 - |w|^2}.$$

Then

$$F(w) = \frac{1}{d_\Omega(f(z))} (f(\phi(w)) - f(z))$$

is a  $K$ -quasiconformal harmonic mapping of  $\mathbb{D}$  onto itself with  $F(0) = 0$ . It is not difficult to know that

$$\|D_F(w)\| = \frac{|\phi'(w)| \|D_f(\phi(w))\|}{d_\Omega(f(z))},$$

which, together with (2.2) and Theorem A, give that

$$\begin{aligned}
\|D_f(z)\| &= \|D_f(\phi(0))\| = \frac{d_\Omega(f(z)) \|D_F(0)\|}{|\phi'(0)|} \\
&\geq \frac{d_\Omega(f(z)) \|D_F(0)\|}{1 - |z|^2} \\
(2.3) \quad &\geq \frac{1 + K}{2K} \frac{d_\Omega(f(z))}{1 - |z|^2}.
\end{aligned}$$

Since  $\Omega$  is a radial John disk, we can choose  $w_0 = f(0)$  as the John center and  $\gamma = f([0, \rho\zeta])$  as the John curve;  $\Omega$  can be assumed to be a radial  $c$ -John disk with respect to this choice, where  $c \geq 1$ . Hence for  $w = f(r\zeta)$  and  $w_1 = f(\rho\zeta)$ , we have

$$(2.4) \quad \sigma_\ell(w) \leq cd_\Omega(w) \text{ for all } \rho \in [r, 1).$$

The boundedness of  $\Omega$  implies that  $d_\Omega(w)$  is finite for all  $w \in \Omega$ . Hence the limit

$$(2.5) \quad \lim_{\rho \rightarrow 1-} \int_r^\rho |df(t\zeta)|$$

does exist and is finite. By (2.4) and (2.5), we get

$$(2.6) \quad \frac{1}{K} \int_r^1 \|D_f(t\zeta)\| dt \leq \int_r^1 l(D_f(t\zeta)) dt \leq \int_r^1 |df(t\zeta)| \leq cd_\Omega(w),$$

where  $\zeta \in \partial\mathbb{D}$ . By (2.3) and (2.6), we have

$$(2.7) \quad \int_r^1 \|D_f(t\zeta)\| dt \leq \frac{2cK^2}{1+K} (1-r^2) \|D_f(r\zeta)\| \leq M_0(1-r) \|D_f(r\zeta)\|,$$

where  $M_0 = \frac{4cK^2}{1+K} \geq 2c$ .

Next, we let

$$\varphi(r) = (1-r)^{-\frac{1}{M_0}} \int_r^1 \|D_f(t\zeta)\| dt.$$

By (2.7), we have

$$\varphi'(r) = (1-r)^{-\frac{1}{M_0}} \left[ \frac{1}{M_0(1-r)} \int_r^1 \|D_f(t\zeta)\| dt - \|D_f(r\zeta)\| \right] \leq 0,$$

which implies that  $\varphi(r)$  is decreasing on the unit interval  $(0, 1)$ .

By Theorem B, for  $\rho \leq t \leq \frac{1+\rho}{2}$ , there is a positive constant  $c_1$  such that

$$\|D_f(\rho\zeta)\| \leq 4^{c_1} \|D_f(t\zeta)\|,$$

which gives

$$(2.8) \quad \begin{aligned} \int_\rho^1 \|D_f(t\zeta)\| dt &\geq \int_\rho^{\frac{1+\rho}{2}} \|D_f(t\zeta)\| dt \\ &\geq 4^{-c_1} \|D_f(\rho\zeta)\| \int_\rho^{\frac{1+\rho}{2}} dt \\ &= 2^{-2c_1-1} \|D_f(\rho\zeta)\| (1-\rho). \end{aligned}$$

For  $0 \leq r \leq \rho < 1$ , by (2.7) and (2.8), we have

$$\begin{aligned} (1-\rho)^{1-\frac{1}{M_0}} \|D_f(\rho\zeta)\| &\leq 2^{1+2c_1} \varphi(\rho) \leq 2^{1+2c_1} \varphi(r) \\ &\leq 2^{1+2c_1} M_0 (1-r)^{1-\frac{1}{M_0}} \|D_f(r\zeta)\|, \end{aligned}$$

which yields

$$\begin{aligned} \|D_f(\rho\zeta)\| &\leq 2^{1+2c_1} M_0 \|D_f(r\zeta)\| \left( \frac{1-r}{1-\rho} \right)^{1-\frac{1}{M_0}} \\ &= 2^{1+2c_1} M_0 \|D_f(r\zeta)\| \left( \frac{1-\rho}{1-r} \right)^{\frac{1}{M_0}-1}. \end{aligned}$$

The proof of the theorem is complete.  $\square$

For  $z_1, z_2 \in \mathbb{D}$ , the *hyperbolic metric* (or *Poincaré metric*) is defined by

$$\lambda_{\mathbb{D}}(z_1, z_2) = \min_{\gamma} \int_{\gamma} \frac{|dz|}{1 - |z|^2},$$

where the minimum is taken over all curves  $\gamma$  in  $\mathbb{D}$  from  $z_1$  and  $z_2$ . It is well-known that, for  $z_1, z_2 \in \mathbb{D}$ ,

$$\lambda_{\mathbb{D}}(z_1, z_2) = \frac{1}{2} \log \frac{1 + |z_1 - z_2|/|1 - \bar{z}_1 z_2|}{1 - |z_1 - z_2|/|1 - \bar{z}_1 z_2|},$$

which is equivalent to

$$\left| \frac{z_1 - z_2}{1 - \bar{z}_1 z_2} \right| = \frac{e^{2\lambda_{\mathbb{D}}(z_1, z_2)} - 1}{e^{2\lambda_{\mathbb{D}}(z_1, z_2)} + 1} = \tanh \lambda_{\mathbb{D}}(z_1, z_2).$$

In [21], Sheil-Small proved the following result.

**Lemma C.** *Let  $f = h + \bar{g} \in \mathcal{S}_H$  and  $\alpha = \sup_{f \in \mathcal{S}_H} \frac{|h''(0)|}{2}$ , where  $h$  and  $g$  are analytic in  $\mathbb{D}$ . Then*

$$\frac{(1 - |z|)^{\alpha-1}}{(1 + |z|)^{\alpha+1}} \leq |h'(z)| \leq \frac{(1 + |z|)^{\alpha-1}}{(1 - |z|)^{\alpha+1}}.$$

We remark that  $\alpha = \sup_{f \in \mathcal{S}_H} \frac{|h''(0)|}{2}$  is finite, but the sharp upper bound of  $\alpha$  is still unknown (see [8, 21]).

**Lemma 1.** *Let  $f = h + \bar{g} \in \mathcal{S}_H$ , where  $h$  and  $g$  are analytic in  $\mathbb{D}$ . Then, for  $z_1, z_2 \in \mathbb{D}$ ,*

$$\frac{1}{2} \|D_f(z_1)\| e^{-(1+\alpha)\lambda_{\mathbb{D}}(z_1, z_2)} \leq \|D_f(z_2)\| \leq 2 \|D_f(z_1)\| e^{(1+\alpha)\lambda_{\mathbb{D}}(z_1, z_2)},$$

where  $\alpha$  is defined in Lemma C.

*Proof.* Let  $f = h + \bar{g} \in \mathcal{S}_H$  and  $z = \frac{z_2 - z_1}{1 - \bar{z}_1 z_2}$ , where  $h, g$  are analytic in  $\mathbb{D}$  and  $z_1, z_2 \in \mathbb{D}$ . Then

$$F(z) = \frac{f(z_2) - f(z_1)}{(1 - |z_1|^2)h'(z_1)} \in \mathcal{S}_H,$$

where  $z_2 = \frac{z + z_1}{1 + \bar{z}_1 z}$ . By Lemma C, we get

$$\frac{(1 - |z|)^{\alpha-1}}{(1 + |z|)^{\alpha+1}} \leq |F_z(z)| = \frac{|h'(z_2)|}{|h'(z_1)||1 + \bar{z}_1 z|^2} \leq \frac{(1 + |z|)^{\alpha-1}}{(1 - |z|)^{\alpha+1}},$$

which gives

$$(2.9) \quad \frac{(1 - |z|)^{\alpha+1}}{(1 + |z|)^{\alpha-1}} |h'(z_1)| \leq |h'(z_2)| \leq \frac{(1 + |z|)^{\alpha+1}}{(1 - |z|)^{\alpha-1}} |h'(z_1)|.$$

By (2.9), we obtain

$$\frac{1}{2} \frac{(1 - |z|)^{\alpha+1}}{(1 + |z|)^{\alpha-1}} \|D_f(z_1)\| \leq \|D_f(z_2)\| \leq 2 \frac{(1 + |z|)^{\alpha+1}}{(1 - |z|)^{\alpha-1}} \|D_f(z_1)\|,$$

which implies that

$$\frac{1}{2} \|D_f(z_1)\| e^{-(1+\alpha)\lambda_{\mathbb{D}}(z_1, z_2)} \leq \|D_f(z_2)\| \leq 2 \|D_f(z_1)\| e^{(1+\alpha)\lambda_{\mathbb{D}}(z_1, z_2)}.$$



The proof of this lemma is complete.  $\square$

**Lemma 2.** *Let  $a_1, a_2$  and  $a_3$  be positive constants and let  $0 < |z_0| = 1 - \delta$ , where  $\delta \in (0, 1)$ . If  $f \in \mathcal{H}_H$ ,  $0 \leq 1 - a_2\delta \leq |z| \leq 1 - a_1\delta$  and  $|\arg z - \arg z_0| \leq a_3\delta$ , then*

$$\frac{1}{M(a_1, a_2, a_3)} \|D_f(z_0)\| \leq \|D_f(z)\| \leq M(a_1, a_2, a_3) \|D_f(z_0)\|,$$

where  $M(a_1, a_2, a_3) = 2e^{(1+\alpha)\left(a_3 + \frac{1}{2} \log \frac{2a_2 - a_1}{a_1}\right)}$  and  $\alpha$  is defined in Lemma C.

*Proof.* Let  $\angle AOB = 2a_3\delta$  and  $z_1, z_2, z_3$  line in the line  $OB$  with  $|z_1| \leq |z_2| = |z_0| \leq |z_3|$ , see Figure 1. Then the length of the circular arc from  $z_0$  to  $z_2$  is less than  $a_3\delta$ .

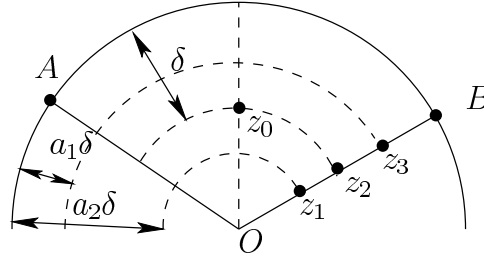


FIGURE 1

By calculations, we have

$$\lambda_{\mathbb{D}}(z_0, z_2) < \frac{a_3\delta}{1 - (1 - \delta)^2} = \frac{a_3}{2 - \delta} < a_3$$

and

$$\left| \frac{z_3 - z_1}{1 - \bar{z}_1 z_3} \right| = \frac{1 - a_1\delta - (1 - a_2\delta)}{1 - (1 - a_1\delta)(1 - a_2\delta)} = \frac{a_2 - a_1}{a_2 + a_1(1 - a_2\delta)} \leq \frac{a_2 - a_1}{a_2}.$$

Hence

$$\begin{aligned} \lambda_{\mathbb{D}}(z_0, z) &\leq \lambda_{\mathbb{D}}(z_0, z_2) + \lambda_{\mathbb{D}}(z_2, z_1) \\ &\leq \lambda_{\mathbb{D}}(z_0, z_2) + \lambda_{\mathbb{D}}(z_1, z_3) \\ &\leq a_3 + \frac{1}{2} \log \frac{2a_2 - a_1}{a_1}. \end{aligned}$$

By Lemma 1, we see that

$$\frac{1}{M(a_1, a_2, a_3)} \|D_f(z_0)\| \leq \|D_f(z)\| \leq M(a_1, a_2, a_3) \|D_f(z_0)\|,$$

where  $M(a_1, a_2, a_3)$  is defined as in the statement.  $\square$

**Proof of Theorem 2.** We first prove (c) $\Rightarrow$ (b). Let  $z = re^{i\theta} \in \mathbb{D}$  and  $r_1e^{i\theta_1}, r_2e^{i\theta_2} \in B(re^{i\theta})$  with  $r_1 \leq r_2$ . Then, by (1.2), Lemma 2 and [16, Proposition 13], there is a positive constant  $M$  such that

$$\begin{aligned}
|f(r_2e^{i\theta_2}) - f(r_1e^{i\theta_1})| &\leq |f(r_2e^{i\theta_2}) - f(re^{i\theta_2})| + |f(r_1e^{i\theta_1}) - f(re^{i\theta_1})| \\
&\quad + |f(re^{i\theta_2}) - f(re^{i\theta_1})| \\
&\leq \int_r^{r_2} \|D_f(\rho e^{i\theta_2})\| d\rho + \int_r^{r_1} \|D_f(\rho e^{i\theta_1})\| d\rho \\
&\quad + r \int_{\gamma_0} \|D_f(re^{it})\| dt \\
&\leq M_2 \int_r^{r_2} \|D_f(re^{i\theta})\| \left(\frac{1-\rho}{1-r}\right)^{\delta-1} d\rho \\
&\quad + M_2 \int_r^{r_1} \|D_f(re^{i\theta})\| \left(\frac{1-\rho}{1-r}\right)^{\delta-1} d\rho \\
&\quad + Mr \int_{\gamma_0} \|D_f(re^{i\theta})\| dt \quad (\text{by Lemma 2}) \\
&\leq \frac{2M_2}{\delta} \|D_f(re^{i\theta})\| (1-r) + Mr\ell(\gamma_0) \|D_f(re^{i\theta})\| \\
&\leq \frac{2M_2}{\delta} \|D_f(re^{i\theta})\| (1-r) + M|\theta_2 - \theta_1| \|D_f(re^{i\theta})\| \\
&\leq \left(\frac{2M_2}{\delta} + 2\pi M\right) \|D_f(re^{i\theta})\| (1-r) \\
&\leq 16K \left(\frac{2M_2}{\delta} + 2\pi M\right) d_\Omega(f(z)), \quad \text{by [16, Proposition 13],}
\end{aligned}$$

where  $\gamma_0$  is the smaller subarc of  $\partial\mathbb{D}_r$  between  $re^{i\theta_1}$  and  $re^{i\theta_2}$ . Hence there exists a positive constant  $M_1$  such that, for all  $z \in \mathbb{D}$ ,

$$\text{diam} f(B(z)) \leq M_1 d_\Omega(f(z)).$$

Next we prove (b) $\Rightarrow$ (c). For  $z = re^{i\theta} \in \mathbb{D}$ , let

$$(2.10) \quad \phi(r) = \int_r^1 (1-x) \|D_f(xe^{i\theta})\|^2 dx$$

and

$$\Delta(r) = \{\zeta = x + iy : r \leq x < 1, 0 \leq y \leq 1-x\}.$$

By Lemma 2, for  $\zeta = x + iy \in \Delta(r)$ , there exists a positive constant  $M_3$  such that

$$\|D_f(xe^{i\theta})\| \leq M_3 \|D_f(\zeta e^{i\theta})\|,$$

which implies that

$$\begin{aligned}
 (2.11) \quad \phi(r) &\leq \int_r^1 \int_0^{1-x} \|D_f(xe^{i\theta})\|^2 dy dx \\
 &\leq M_3^2 \int_r^1 \int_0^{1-x} \|D_f(\zeta e^{i\theta})\|^2 dy dx \\
 &\leq KM_3^2 \int_r^1 \int_0^{1-x} J_f(\zeta e^{i\theta}) dy dx \\
 &= KM_3^2 A(f(\Delta(re^{i\theta}))),
 \end{aligned}$$

where

$$\Delta(re^{i\theta}) = \{\zeta e^{i\theta} = (x + iy)e^{i\theta} : r \leq x < 1, 0 \leq y \leq 1 - x\}.$$

It is not difficult to see that  $\Delta(re^{i\theta}) \subset B(re^{i\theta})$ , which, together with (2.3) and (2.11), imply

$$\begin{aligned}
 (2.12) \quad \phi(r) &\leq KM_3^2 A(f(\Delta(re^{i\theta}))) \leq KM_3^2 A(f(B(re^{i\theta}))) \\
 &\leq \frac{\pi KM_3^2}{4} (\text{diam}(f(B(re^{i\theta}))))^2 \\
 &\leq \frac{\pi KM_3^2 M_1^2}{4} (d_\Omega(f(z)))^2 \\
 &\leq \frac{\pi K^3 M_1^2 M_3^2}{(1+K)^2} (1 - |z|^2)^2 \|D_f(z)\|^2.
 \end{aligned}$$

By (2.10), for  $r \leq \rho < 1$ , we get

$$(2.13) \quad \log \frac{\phi(\rho)}{\phi(r)} = \int_r^\rho \frac{\phi'(t)}{\phi(t)} dt \leq -\alpha \int_r^\rho \frac{dt}{1-t} = \alpha \log \frac{1-\rho}{1-r},$$

where  $\alpha = (1+K)^2 / [\pi K^3 M_1^2 M_3^2]$ . For  $\rho \leq x \leq \frac{1+\rho}{2}$ , by Theorem B, there is a positive constant  $c_1^*$  such that

$$(2.14) \quad \|D_f(\rho e^{i\theta})\| \leq 4^{c_1^*} \|D_f(xe^{i\theta})\|.$$

Applying (2.10), (2.13) and (2.14), we have

$$\begin{aligned}
 \frac{1}{2^{4c_1^*+1}} (1-\rho)^2 \|D_f(\rho e^{i\theta})\|^2 &= \frac{1}{2^{4c_1^*}} \int_\rho^1 (1-x) \|D_f(\rho e^{i\theta})\|^2 dx \\
 &\leq \int_\rho^1 (1-x) \|D_f(xe^{i\theta})\|^2 dx = \phi(\rho) \\
 &\leq \phi(r) \left( \frac{1-\rho}{1-r} \right)^\alpha,
 \end{aligned}$$

which, together with (2.12), yield that

$$\frac{1}{2^{4c_1^*+1}} \|D_f(\rho e^{i\theta})\|^2 (1-\rho)^2 \leq \phi(r) \left( \frac{1-\rho}{1-r} \right)^\alpha \leq \frac{1}{\alpha} (1-r)^2 \|D_f(re^{i\theta})\|^2 \left( \frac{1-\rho}{1-r} \right)^\alpha.$$

Then we conclude that

$$(2.15) \quad \|D_f(\rho e^{i\theta})\| \leq \sqrt{\frac{2^{1+4c_1^*}}{\alpha}} \|D_f(z)\| \left(\frac{1-\rho}{1-r}\right)^{\frac{\alpha}{2}-1}.$$

By (2.15) and Lemma 2, for all  $\zeta = \rho e^{i\eta} \in B(z)$ , there exists a positive constant  $M_4$  such that

$$\|D_f(\rho e^{i\eta})\| \leq M_4 \|D_f(\rho e^{i\theta})\| \leq M_4 \sqrt{\frac{2^{1+4c_1^*}}{\alpha}} \|D_f(z)\| \left(\frac{1-\rho}{1-r}\right)^{\frac{\alpha}{2}-1}.$$

Now we prove (a) $\Rightarrow$ (c). By Theorem 1, there are constants  $M$  and  $\delta \in (0, 1)$  such that for each  $\zeta \in \partial\mathbb{D}$  and for  $0 \leq r \leq \rho < 1$ ,

$$(2.16) \quad \|D_f(\rho\zeta)\| \leq M \|D_f(r\zeta)\| \left(\frac{1-\rho}{1-r}\right)^{\delta-1}.$$

For all  $\xi \in \partial\mathbb{D}$  with  $|\arg \xi - \arg \zeta| \leq \pi(1-r)$ , by Lemma 2, there is a positive constant  $M'$  such that

$$(2.17) \quad \|D_f(r\zeta)\| \leq M' \|D_f(r\xi)\|.$$

Hence (1.2) follows from (2.16) and (2.17).

At last, we prove (c) $\Rightarrow$ (a). By [16, Proposition 13], (1.2), for  $w = f(r\zeta)$  and  $w_1 = f(\rho\zeta)$ , we have

$$\begin{aligned} \sigma_\ell(w) &= \int_r^\rho |df(t\zeta)| \leq \int_r^\rho \|D_f(t\zeta)\| dt \\ &\leq M_2 \|D_f(r\zeta)\| \int_r^\rho \left(\frac{1-t}{1-r}\right)^{\delta-1} dt = \frac{M_2}{\delta} \|D_f(r\zeta)\| (1-r) \\ &\leq \frac{M_2}{\delta} \|D_f(r\zeta)\| (1-r^2) \\ &\leq \frac{16KM_2}{\delta} d_\Omega(w), \end{aligned}$$

which implies that  $\Omega$  is a radial  $(16KM_2/\delta)$ -John disk with John center 0 and with  $\gamma = f([0, \rho\zeta])$  as the John curves, where  $r \in [0, 1)$ ,  $\rho \in [r, 1)$  and  $\zeta \in \partial\mathbb{D}$ . The proof is complete.  $\square$

**Proof of Proposition 3.** Without loss of generality, we assume that there is a positive constant  $M_1^*$  such that, for all  $z \in \mathbb{D}$ ,

$$(2.18) \quad \text{diam} f(B(z)) \leq M_1^* d_\Omega(f(z)),$$

where  $\Omega = f(\mathbb{D})$ . For  $r \in [0, 1)$ , let

$$\begin{aligned} (2.19) \quad \varphi(r) &= \frac{1}{2\pi} \int_0^{2\pi} (|f_z(re^{it})|^2 + |f_{\bar{z}}(re^{it})|^2) dt \\ &= 1 + \sum_{n=2}^{\infty} n^2 (|a_n|^2 + |b_n|^2) r^{2n-2}. \end{aligned}$$

Then, by Theorem A and (2.18), we obtain

$$\begin{aligned}
 (2.20) \quad \int_r^1 \int_{-\pi(1-r)}^{\pi(1-r)} J_f(\rho e^{i(\theta+t)}) \rho d\theta d\rho &= A(f(B(re^{it}))) \\
 &\leq \frac{\pi}{4} \text{diam}^2(f(B(re^{it}))) \\
 &\leq M^*(1-r^2)^2 \|D_f(re^{it})\|^2,
 \end{aligned}$$

where  $M^* = \frac{\pi K^2 M_1^{*2}}{(1+K)^2}$ .

By (2.20), for  $r \in [\frac{1}{2}, 1)$ , we obtain

$$\begin{aligned}
 \frac{1}{2K} \int_r^1 \int_{-\pi(1-r)}^{\pi(1-r)} \varphi(\rho) d\theta d\rho &\leq \frac{1}{K} \int_r^1 \rho \left( \int_0^{2\pi} \|D_f(\rho e^{i(t+\theta)})\|^2 dt \right) d\theta d\rho \\
 &\leq \int_r^1 \int_{-\pi(1-r)}^{\pi(1-r)} \rho \left( \int_0^{2\pi} J_f(\rho e^{i(t+\theta)}) \right) d\theta d\rho \\
 &\leq 4M^*(1-r)^2 \int_0^{2\pi} \|D_f(re^{it})\|^2 dt \\
 &\leq 16\pi M^*(1-r)^2 \varphi(r),
 \end{aligned}$$

which gives that

$$(2.21) \quad \int_r^1 \varphi(\rho) d\rho \leq 16KM^*(1-r)\varphi(r) = \beta(1-r)\varphi(r),$$

where  $\beta = 16KM^*$ . Applying (2.21), for  $r \in [\frac{1}{2}, 1)$ , we get

$$\begin{aligned}
 (2.22) \quad &\frac{d}{dr} \left[ (1-r)^{-2\beta_0} \int_r^1 \varphi(\rho) d\rho \right] \\
 &= \frac{1}{2\beta_0} (1-r)^{-2\beta_0-1} \int_r^1 \varphi(\rho) d\rho - (1-r)^{-2\beta_0} \varphi(r) \leq 0,
 \end{aligned}$$

where  $\beta_0 = 1/(2\beta)$ . By (2.22), for  $r \in [\frac{1}{2}, 1)$ , we have

$$(2.23) \quad (1-r)^{1-2\beta_0} \varphi(r) \leq (1-r)^{-2\beta_0} \int_r^1 \varphi(\rho) d\rho \leq 2^{-2\beta_0} \int_{\frac{1}{2}}^1 \varphi(\rho) d\rho < \infty.$$

It follows from (2.19) and (2.23) that there are two positive constants  $M_1'$  and  $M_1''$  such that

$$\begin{aligned}
 1 + \sum_{n=2}^{\infty} n^{1+\beta_0} (|a_n|^2 + |b_n|^2) &\leq M_1' \int_{\frac{1}{2}}^1 (1-r)^{-\beta_0} \varphi(r) dr \\
 &\leq M_1'' \int_{\frac{1}{2}}^1 (1-r)^{\beta_0-1} dr < \infty.
 \end{aligned}$$

The proof of this proposition is complete.  $\square$

**Lemma 3.** *Let  $f \in \mathcal{S}_H$  be a  $K$ -quasiconformal harmonic mapping from  $\mathbb{D}$  onto a bounded domain  $G$ . If there are constants  $M$  and  $\delta \in (0, 1)$  such that for each  $\varsigma \in \partial\mathbb{D}$  and for  $0 \leq r \leq \rho < 1$ ,*

$$(2.24) \quad \|D_f(\rho\varsigma)\| \leq M\|D_f(r\varsigma)\| \left( \frac{1-\rho}{1-r} \right)^{\delta-1},$$

then, for  $a \in \mathbb{D}$ , we have

$$\text{diam} f(I(a)) \leq M'_0 d_G(a),$$

where

$$I(a) = \{z \in \partial\mathbb{D} : |\arg z - \arg a| \leq 1 - |a|\}$$

and

$$M'_0 = 32K \left( 2e^{(1+\alpha)} + \frac{M2e^{(1+\alpha)}}{\delta} + \frac{M}{\delta} \right).$$

*Proof.* For  $a \in \mathbb{D}$ , let  $a = \rho\varsigma$  with  $\rho = |a|$ . For  $z \in I(a)$ , by (2.24) and Lemma 2, we have

$$(2.25) \quad \begin{aligned} |f(z\rho) - f(\rho\varsigma)| &\leq \int_{\gamma'} \rho \|D_f(\rho\xi)\| |d\xi| \\ &\leq 2e^{(1+\alpha)} \rho \int_{\gamma'} \|D_f(\rho\varsigma)\| |d\xi|, \text{ by Lemma 2,} \\ &= 2e^{(1+\alpha)} \rho \ell(\gamma') \|D_f(\rho\varsigma)\| \\ &= 2e^{(1+\alpha)} \rho^2 \|D_f(\rho\varsigma)\| |\arg(\rho\varsigma) - \arg z| \\ &\leq 2e^{(1+\alpha)} \rho^2 (1-\rho) \|D_f(\rho\varsigma)\| \\ &\leq 2e^{(1+\alpha)} (1-\rho) \|D_f(\rho\varsigma)\|, \end{aligned}$$

$$(2.26) \quad \begin{aligned} |f(z\rho) - f(z)| &\leq \int_{\rho}^1 \|D_f(tz)\| dt \\ &\leq M \int_{\rho}^1 \|D_f(\rho z)\| \left( \frac{1-t}{1-\rho} \right)^{\delta-1} dt, \text{ by (2.24),} \\ &= \frac{M}{\delta} (1-\rho) \|D_f(\rho z)\| \\ &\leq \frac{2Me^{(1+\alpha)}}{\delta} (1-\rho) \|D_f(\rho\varsigma)\| \end{aligned}$$

and

$$(2.27) \quad \begin{aligned} |f(\zeta\rho) - f(\zeta)| &\leq \int_{\rho}^1 \|D_f(t\zeta)\| dt \\ &\leq M \int_{\rho}^1 \|D_f(\rho\zeta)\| \left( \frac{1-t}{1-\rho} \right)^{\delta-1} dt, \text{ by (2.24),} \\ &= \frac{M}{\delta} (1-\rho) \|D_f(\rho\zeta)\|, \end{aligned}$$

where  $\gamma'$  is the smaller subarc of  $\partial\mathbb{D}_\rho$  between  $\rho z$  and  $\rho\zeta$ .

Again, for  $z \in I(a)$ , by (2.1), (2.25), (2.26) and (2.27), we obtain

$$\begin{aligned} |f(\zeta) - f(z)| &\leq |f(\rho\zeta) - f(\rho z)| + |f(z) - f(\rho z)| + |f(\rho\zeta) - f(\zeta)| \\ &\leq M_1^*(1 - \rho)\|D_f(\rho\zeta)\| \\ &\leq 16M_1^*Kd_G(a), \text{ by (2.1),} \end{aligned}$$

which in turn implies that  $\text{diam}f(I(a)) \leq 32KM_1^*d_G(a)$ , where

$$(2.28) \quad M_1^* = 2e^{(1+\alpha)} + \frac{M2e^{(1+\alpha)}}{\delta} + \frac{M}{\delta}.$$

The proof of the lemma is complete.  $\square$

**Proof of Theorem 4.** Let  $\frac{1}{2} < \nu < 1$  and

$$(2.29) \quad \sup_{0 < r < 1} \left\{ \sup_{w_1, w_2 \in \gamma_r} \frac{\ell(\gamma_r[w_1, w_2])}{d_{G_r}(w_1, w_2)} \right\} = M_\gamma,$$

where  $\gamma_r$  is given by (1.3). Then, by (2.29), Lemma 3 and [7, Theorem 3], we have

$$\begin{aligned} \frac{\nu}{K} \int_0^{2\pi} \|D_f(\nu e^{i\theta})\| d\theta &\leq \nu \int_0^{2\pi} l(D_f(\nu e^{i\theta})) d\theta \\ &\leq \int_0^{2\pi} |df(\nu e^{i\theta})| \\ &\leq \sum_{k=1}^7 \int_{I(z_k)} |df(\nu e^{i\theta})| \\ &\leq M_\gamma \sum_{k=1}^7 \text{diam}f(I(z_k)), \text{ by (2.29),} \\ &\leq 32M_\gamma M_1^* K \sum_{k=1}^7 d_G(f(z_k)), \text{ by Lemma 3,} \\ &\leq \frac{64M_\gamma M_1^* K}{1+K} \sum_{k=1}^7 \{(1 - |z_k|^2)\|D_f(z_k)\|\} \\ &\leq \frac{1792M_\gamma M_1^* K}{(1+K)\pi}, \text{ by [7, Theorem 3],} \end{aligned}$$

which implies that  $\|D_f\| \in H_g^1(\mathbb{D})$ , where  $k \in \{1, 2, \dots, 7\}$ ,

$$z_k = \frac{1}{2}e^{i(k-1)}, \quad I(z_k) = \{z \in \partial\mathbb{D} : |\arg z - \arg z_k| \leq 1 - |z_k|\},$$

and  $M_1^*$  is given by (2.28). The proof of the theorem is complete.  $\square$

**Proof of Theorem 5.** By the assumption, we see that there is a  $\nu \in (0, 1)$  and  $r_0 \in (0, 1)$  such that, for  $r_0 \leq \eta < 1$ ,

$$\frac{\nu}{1 - \eta^2} \geq \operatorname{Re}(\zeta P_f(\eta\zeta)) = \operatorname{Re}\left(\frac{\zeta h''(\eta\zeta)}{h'(\eta\zeta)}\right) - \operatorname{Re}\left(\frac{\zeta \omega'(\eta\zeta) \overline{\omega(\eta\zeta)}}{1 - |\omega(\eta\zeta)|^2}\right),$$

which shows that

$$(2.30) \quad \begin{aligned} \operatorname{Re}\left(\frac{\zeta h''(\eta\zeta)}{h'(\eta\zeta)}\right) &\leq \operatorname{Re}\left(\frac{\zeta \omega'(\eta\zeta) \overline{\omega(\eta\zeta)}}{1 - |\omega(\eta\zeta)|^2}\right) + \frac{\nu}{1 - \eta^2} \\ &\leq \frac{|\omega'(\eta\zeta)| |\overline{\omega(\eta\zeta)}|}{1 - |\omega(\eta\zeta)|^2} + \frac{\nu}{1 - \eta^2}, \end{aligned}$$

where  $\zeta \in \partial\mathbb{D}$ . By Schwarz-Pick's lemma, we obtain

$$(2.31) \quad |\omega'(\eta\zeta)| \leq \frac{1 - |\omega(\eta\zeta)|^2}{1 - \eta^2}.$$

By (2.30) and (2.31), we have

$$\operatorname{Re}\left(\frac{\zeta h''(\eta\zeta)}{h'(\eta\zeta)}\right) \leq \frac{1 + \nu}{1 - \eta^2}.$$

Choosing  $\lambda \in (0, 1 - \nu)$ , there is an  $r_1 \in [r_0, 1)$  such that

$$(2.32) \quad \operatorname{Re}\left(\frac{\zeta h''(\eta\zeta)}{h'(\eta\zeta)}\right) < \frac{2\eta - 2\lambda}{1 - \eta^2} \quad \text{for all } \zeta \in \partial\mathbb{D},$$

when  $\eta \in [r_1, 1)$ . For  $0 \leq r_1 \leq r \leq \rho < 1$ , by (2.32), we find that

$$\begin{aligned} \log \left[ \frac{(1 - \rho^2)|h'(\rho\zeta)|}{(1 - r^2)|h'(r\zeta)|} \right] &= \int_r^\rho \left[ \operatorname{Re}\left(\frac{\zeta h''(\eta\zeta)}{h'(\eta\zeta)}\right) - \frac{2\eta}{1 - \eta^2} \right] d\eta \\ &< -2\lambda \int_r^\rho \frac{d\eta}{1 - \eta^2} \\ &= -\lambda \log \left( \frac{1 + \rho}{1 + r} \cdot \frac{1 - r}{1 - \rho} \right), \end{aligned}$$

which implies that

$$(2.33) \quad \left| \frac{h'(\rho\zeta)}{h'(r\zeta)} \right| < \left( \frac{1 + r}{1 + \rho} \right)^{1+\lambda} \left( \frac{1 - \rho}{1 - r} \right)^{\lambda-1} \leq \left( \frac{1 - \rho}{1 - r} \right)^{\lambda-1}.$$

By (2.33), we get

$$(2.34) \quad \begin{aligned} \|D_f(\rho\zeta)\| &\leq \frac{2K}{1 + K} |h'(\rho\zeta)| < \frac{2K}{1 + K} |h'(r\zeta)| \left( \frac{1 - \rho}{1 - r} \right)^{\lambda-1} \\ &\leq \frac{2K}{1 + K} \|D_f(r\zeta)\| \left( \frac{1 - \rho}{1 - r} \right)^{\lambda-1}. \end{aligned}$$

In order to apply Theorem 1 and then to conclude that  $\Omega_1 = f(\mathbb{D})$  is a radial John disk, we will use some proof techniques as in the proof of [9, Theorem 3.7] to remove



the restriction  $r \geq r_1$  above. For  $0 \leq r_1 \leq r \leq \rho < 1$ , by (2.1) and (2.34), we see that there is a constant  $c(\lambda) > 1$  such that

$$(2.35) \quad \sigma_\ell(w) \leq c(\lambda)d_{\Omega_1}(w),$$

where  $w_1 = f(\rho\zeta)$ ,  $w = f(r\zeta)$  and  $\gamma = f([0, \rho\zeta])$ . It follows from (2.35) that

$$(2.36) \quad \text{diam}(\gamma[w_1, w]) \leq c(\lambda)d_{\Omega_1}(w).$$

Now we consider the case:  $0 \leq r \leq r_1 \leq \rho < 1$ . Let  $\delta_0 = \text{dist}(f(\overline{\mathbb{D}}_{r_1}), \partial\Omega_1)$  denote the Euclidean distance from  $f(\overline{\mathbb{D}}_{r_1})$  to the boundary  $\partial\Omega_1$  of  $\Omega_1$  and let  $\lambda_0 = \text{diam}(f(\overline{\mathbb{D}}_{r_1}))$ . Then

$$(2.37) \quad \delta_0 > 0 \text{ and } \lambda_0 < \infty.$$

For  $0 \leq r \leq r_1 \leq \rho < 1$ , by the triangle inequality, (2.36) and (2.37), we get

$$\begin{aligned} \text{diam}(\gamma[w, w_1]) &\leq \text{diam}(\gamma[w, w_0]) + \text{diam}(\gamma[w_0, w_1]) \\ &\leq \lambda_0 + c(\lambda)d_{\Omega_1}(w_0) \\ &\leq \lambda_0 + c(\lambda)(\lambda_0 + \delta_0) \\ &\leq (c(\lambda) + c')\delta_0 \\ &\leq (c(\lambda) + c')d_{\Omega_1}(w), \end{aligned}$$

where  $w_1 = f(\rho\zeta)$ ,  $w = f(r\zeta)$ ,  $w_0 = f(r_1\zeta)$  and  $c' = (1 + c(\lambda))\lambda_0/\delta_0$ .

The remaining case when  $0 \leq r \leq \rho \leq r_1 < 1$  is treated similarly. Therefore, for  $0 \leq r \leq \rho < 1$ , there is a constant  $c_2 > 1$  such that

$$\text{diam}(\gamma[w, w_1]) \leq c_2 d_{\Omega_1}(w),$$

which implies that  $\text{car}_d(\gamma, c_2) \subset \Omega_1$  (cf. [17]), where

$$\text{car}_d(\gamma, c_2) = \bigcup \left\{ \mathbb{D}(w, \text{diam}(\gamma[w, w_1])/c_2) : w \in \gamma \setminus \{f(0), w_1\} \right\}.$$

It follows from [17, Theorem 2.16] and [17, Part 2.26 in P.17] that  $\Omega_1$  is a John disk. For the definition of the diameter of  $c$ -carrot, denoted by  $\text{car}_d(\gamma, c)$ , we refer to [17]. The proof of the theorem is complete.  $\square$

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